



## Riding Tips

1. **Always ride with a buddy or with a group of people.** Let a family member or friend know where you are going and expected return time. Take a cell phone with you, if you have one.
2. **Always, always and always wait** for the two riders (2) **behind you to catch up with you when you come to an intersection.** *Remember, riders are responsible for riders behind them. When the road makes a "T" or a "Y" (splits), WAIT until they catch up with you or until they at least acknowledge your direction.* **Get in the habit of stopping and turning around to wave at the two riders behind you and wait for them to wave back.**
3. **Add a mirror to your ATV and turn on your ATV headlights** so rider in front can see if you are still coming.
4. **Do not travel** on roads or trails that are very wet and muddy which will leave tracks.
5. Suggest wearing your **helmet and goggles!** Wear boot-type shoes...leave sandals in your vehicle.
6. **Dress in layers** so that you can adjust to the weather.
7. **Stop every four miles** or so to rest and enjoy the scenery, take photos, etc.
8. **Offer assistance to the beginner riders.** Explain how to ride their ATV safely in unusual terrain, such as side hills, gullies, washes, etc.
9. **Take plenty of water** while riding especially, during the summer.

**Boise ATV Trail Riders**  
P.O. Box 190933  
Boise, Idaho 83719  
[www.boiseatvtrailriders.org](http://www.boiseatvtrailriders.org)