



### Riding Tips

1. **Always ride with a buddy or with a group of people.** Let a family member or friend know where you are going and expected return time. Take a cell phone with you, if you have one.
2. **Always, always and always wait behind you to catch up with you when you come to an intersection. Remember, riders are responsible for riders behind them. When the road makes a “T” or a “Y” (splits), WAIT until they catch up with you or until they at least acknowledge your direction. Get in the habit of stopping and turning around to wave at the two riders behind you and wait for them to wave back.**
3. **Add a mirror to your ATV and turn on your ATV headlights** so rider in front can see if you are still coming.
4. **Do not travel** on roads or trails that are very wet and muddy which will leave tracks.
5. Suggest wearing your **helmet and goggles!** Wear boot-type shoes...leave sandals in your vehicle.
6. **Dress in layers** so that you can adjust to the weather.
7. **Stop every four miles** or so to rest and enjoy the scenery, take photos, etc.
8. **Offer assistance to the beginner riders.** Explain how to ride their ATV safely in unusual terrain, such as side hills, gullies, washes, etc.
9. **Take plenty of water** while riding especially, during the summer.

**Boise ATV Trail Riders**

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